# City of Liverpool SC Tadpole's 2019 Licensed at Level 3

## **Gala Information & Entry Pack**





Affiliated to A.S.A. Swim North West and held under A.S.A. Law & FINA Technical Rules of Swimming

## Competition Programme of Events for Sunday 8<sup>th</sup> and Saturday 14<sup>th</sup> September 2019 at Everton Park Sports Centre



## TADPOLE ENTRIES SECRETARY

Mr Neil White

Address: 7 Mossgate Grove, Huyton Liverpool, L14 0JT

Mobile: 07944101483

Email:

COLSC\_Events@hotmail.com

Gala No 1 Licence No: 3NW192355 Gala No 2 Licence No: 3NW192356

#### CITY OF LIVEROOL SWIMMING CLUB

(Affiliated to the Swim North West A.S.A.)

President Mr.N.Wilkinson

Website: www.colsc.weebly.com

Life Vice President Mrs.D.Jameson Chairman Mr.P Blood Chief Coach Mr.M.Roberts Life Vice President Mr.T.Tunstall Vice Chairman : Mrs L Stuttard Secretary Ms V Stackpoole





#### PRESENT THE 2019 CITY OF LIVERPOOL SC TADPOLE GALA At Everton Park

(Held under A.S.A. Law and A.S.A. Technical Rules)

Dear Secretary,

On behalf of the executive committee I would like to invite your club to take part in the 2019 City of Liverpool SC Tadpole gala, development competition. On Sunday 8<sup>th</sup> & Saturday 14th September 2019.

All swimmers can enter up to a maximum of 8 events. This is a Level 3 Licensed Meet.

Please read the enclosed information and entry pack carefully.

- a) General aims, general conditions and conditions of entry.
- b) Individual entry & withdrawal forms.
- c) The clubs invited to compete are:-

Birkenhead, Bebington, Bootle & North Liverpool, Bridgefield, Crosby, Everton, Formby, Garston, Halton, Hoylake, Liverpool Penguins, Manchester Aquatics, Newton-le-Willows, Ormskirk, Prescot, St. Helens, Runcorn Reps, Southport, Wallasey, Warrington Warriors, Wigan Wasps, Wirral Aquarius, Woodchurch and Woolton.

Swimmers, including swimmers with disabilities will be restricted to a maximum of Eight events which is a choice of up to 2 x 50m Form strokes, 2 x 200m Form strokes, 50 Freestyle, an Individual Medley (100m IM for 9 yrs only; 200m IM for 10,11 & 12 yrs only), and distance freestyle events, 200m Freestyle and, or 400m Freestyle). The cost is £5.50 per event; up to a maximum of £44 for 8 events.

This is in line with British Swimming directives, Coaches Development Plans and FINA awards.

All Events are Heat Declared Winner.

Entry times must be used. If a training time is used it must be verified by the club coach.

Age Groups will all be based on age on the 14th September 2019.

Entries for all galas must be received by the Tadpole Gala Entries Secretary, **NO LATER THAN Monday 19th August 2019.** 

All entries must be submitted via the Swimming Club Competition / Gala Secretary, No individual entries from swimmers will be accepted. It is the responsibility of each individual club's Gala Secretary to check that the times submitted are accurate and true.

Entries must be submitted via the Electronic Entry File which can be obtained by either emailing the Tadpole League Entries Secretary on COLSC\_Events@hotmail.com or from the City of Liverpool SC Website <a href="https://www.colsc.weebly.com">www.colsc.weebly.com</a>

- A. Pool entries may be accepted where the meet is not oversubscribed and there is room available in heats and lanes after heat start sheets have been produced to the maximum of 8 swimmers per heat. No additional heats will be created to accommodate poolside entries.
- B. All poolside entries will be on a "TIME ONLY BASIS" Any swimmer accepted as a poolside entry will not be included in any individual awards, bagcat awards / points or presentations.

Swimming Clubs will also be required to download, free of charge the Sportsystems Entry Manager programme, version 2 from the Sportsystems website <a href="http://www.sportsys.co.uk/home.htm">http://www.sportsys.co.uk/home.htm</a> there are also instructions and useful video clips which explains how to use the entry manager and how to import your electronic file.

As well as the Electronic entry file being submitted to Diane West, each club will be required to submit paper entry forms for each swimmer to back up the electronic entry at the same time as the electronic file.

Confirmation of acceptance into events will be sent out prior to the start of the competition to all competing swimming clubs, gala secretary or identified club official.

This event will be a Card-less competition, swimmers wishing to withdraw from an event or the whole competition must, either, complete the attached form before the start of the gala warm-up and submit it to the relevant gala official or inform the meet secretary via email, text or phone.

<u>Coaches Passes</u> – Coaches passes must also be purchased by the closing date of the competition, namely the 3rd August 2019. Please try to provide at least one male and female coach / team manager on the poolside, we would also encourage you to also look to support the younger team managers and coaches and offer them a chance to gain poolside knowledge and experience at this level of event. Please ensure that all coaches and team managers have a current CRB and are a registered member of your club. A coaches / team managers pass will cost £20.00 per club for the gala. Please complete the attached form and submit it to Neil White along with your entries.

**Spectators**- Entry will cost £10 per day including a Programme. Afternoon session will be £6. Concessions are £6 per day, Afternoon concession will be £4. Under 5's will be free. The spectators balcony holds around 425 people. Seats will be allocated on a first come first served basis and cannot be reserved. Due to the number of seats, swimmers are not allowed onto the balcony. Seating is available in the cafeteria area to use between events whilst taking refreshments etc. Due to Health and Safety requirements spectators on the balcony must remain in their seats and cannot stand up behind the seats. All spectators will be provided with a coloured wristband on entry to the balcony. This must be clearly displayed on each person. Any spectators found to be breaching any of these conditions will be asked to leave the balcony immediately.

**No Photographic Policy** – In accordance with Liverpool City Council and City of Liverpool SC policy, this event will be run under a **no photographic policy from anywhere inside the Sports Centre**, this includes all forms of photographic devices. We intend on inviting a professional company to attend and if you do not wish your swimmer to be photographed you must inform the meet promoter on the day.

<u>Cafeteria - There will be a cafe on site providing snacks refreshments.</u>

**SRS.** Leisure Will be providing a swim shop throughout the gala, with a full range of swim-wear available to purchase.

The Meet Manager will be Neil White and the promoter will be Neil White

If you have any problems please get in touch via the new email address COLSC\_Events@hotmail.com and

We will do our best to resolve them as soon as possible.

Yours sincerely,

Neil White Tadpole Gala Entries Secretary

## City Of Liverpool Tadpole Gala (Held under A.S.A. Law and A.S.A. Technical Rules) GENERAL AIMS

- 1. To encourage and develop a broad base of young, skilful swimmers within the Merseyside area and all invited clubs.
- 2. To stimulate and develop an interest in competitive swimming at an early age.
- 3. To use this series of gala's to provide the swimming clubs and coaches with an opportunity to Talent I.D. young swimmers with potential and their parents within the local swimming clubs and encourage them to participate and progress through the A.S.A. and Local Long Term Athletic Development Pathways, Structures, Schemes and Development Galas.
- 4. To offer children an opportunity to gain knowledge and experience in a fun environment and a chance to represent their swimming club in a gala.
- 5. We welcome and encourage the participation of swimmers with disabilities in this competition as we are keen to develop an elite development pathway through clubs and squads for swimmers with disabilities within a Merseyside area as well as Regional and National Programme.

#### **GENERAL CONDITIONS**

- 1. The competition will take place at the Everton Park. Great Homer Street, Liverpool, L5 5PH. short-course (25m) pool. Morning session warm up times are 8.00am with a start time of 9.00am. There will be 15 minutes for both girls and boys. The afternoon session warm up time is 1.00pm with a start time of 2.00pm.
- 2. This is a Level 3 Licensed Meet. Times achieved can be used for entry into County and Regional championships and level 1 & 2 meets.
- 3. Swimmers cannot compete for more than one team during the competition.
- 3. Age Groups: 9, 10, 11, 12 years as at the 14<sup>th</sup> September 2019.
- 4. All Events will be Heat Declared Winner.
- 5. Heat start lists will be provided for coaches and team managers
- 6. All swimmers must be **Category 2** ASA members.
- 7. There are no lower limits on entry times, but swimmers must enter a time.
- 8. If a training time is used, it must be verified by the coach.
- 9. In the event of oversubscription the slowest entry times will be rejected.
- 10. Withdrawals can be made by completing the form and passing it to Neil White, prior to the session warm up in advance of the swim taking place. Or via email: COLSC\_Events@hotmail.com or via Phone or Text: 07944101483
- 11. Swimmers will be allowed to enter up to a maximum of seven events from four categories, which is in line with the ASA/British swimming and local coaches derivatives such as the Long Term Athlete Development Pathways and FINA competitions, which are a choice of:

Category 1		Up to a maximum of 3 x 50m Events,
	-	(Form Strokes are Freestyle, Butterfly, Backstroke and Breaststroke)
Category 2 -		Up to a maximum of 2 x 200m Form strokes,
		(Form Strokes are Butterfly, Backstroke and Breaststroke)
Cotogonic	3 -	Up to a maximum of 1 x Individual Medley event
Category 3		(100m IM for 9yrs only) or (200m IM for 10, 11, 12yrs only)
Cotogon, 4		Either, or both (11/12 years) Distance Freestyle (best points will be used in FINA awards),
Category 4	-	(1 x 200m Free) and/or (1 x 400m Free - for 11/12 years ONLY)

#### **CONDITIONS OF ENTRY.**

- 1. Entry to the Gala will **NOT** be open to any swimmer who has:-
- a) Qualified to compete in an individual event of the 2019 National Age Group Championships.
  - b) Has qualified for or been placed in a Final, Top eight in any event at the A.S.A. North West Regional Age Group Championships.
  - c) Has won the City of Liverpool SC Tadpole League Age Group FINA award in previous years.
- 3. Swimmers may compete for one club only.

2.

- 4. There will be an entry fee of £5.50 per event up to a maximum of £44 for 8 events.
- 5. Entries for all galas must be received by the Gala Secretary, no later than 19<sup>th</sup> August 2019.
- 6. Competitors must be a minimum of 9 years of age and no older than 12 years of with age taken as of September 2019.

#### **Fina Awards**

- 5. The individual boy and girl, in each age group, gaining the highest Fina awards using Fina points, overall will be the winner for 2019.
- 6. Trophies will be awarded to the top three, 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> placed swimmers in each single age group, 9, 10, 11, 12 yrs.

#### **Top Club Award**

- 7. Points will be awarded to all swimmers for their club in each event towards the Top Team Competitions.
- 8. A trophy will be awarded to the Top Club at the end of the competition.
- 9. A trophy will be awarded to the Top relays Club.

#### **Individual Awards**

10. Prizes will be awarded to the swimmers placed 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each individual event.

#### INDIVIDUAL SWIMMER ENTRY FORM

Swimming Club:	
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Swimme	ers First Name:												
Swimm	ers Surname:												
Sex: P	Please Delete		Male / Female										
Age Gro	oup at 18 / 09 / 2016:												
Dat	te of Birth:			1				/					
ASA Regi	stration Number	:											
	/ Classification:	9 1 2	3	4 5	6	7	8	9	10	11	12	13	14
	a tick in the	SB	S SB										
<del></del>	ate box / boxes	SM											
	Address:												
	Line 2:												
	ost Code:												
	No: Land Line												
	e No: Mobile												
	Email:												
Please en		aximum of <u>8 (inc</u>		<u>ee)</u> eve	nts f	rom:	ı						
Category 1	_ '	ximum of 2 x 50m sokes are Freestyle,		y, Backs	troke	and l	Breas	tstro	ke)				
Category 2	Up to a ma	ximum of 2 x 200m	Form str	okes,					,				
Category 3	Up to a ma	eximum of 1 x Individual for 9yrs only) or (20	lual Med	ley event			•						
Category 4	Distance F	reestyle events (9/1/ Freestyle) and/or (1	0 may er	nter 200m	n only,	, 11/1	2 may			n and	or 40/	0m)	
FINA		sidered for the Bagca								/e cor	npete	d in at	least
Awards	1 scoring e	event from each cate	gory abo	ve, name	ely 1 t	o 4.							
Stroke	Butterfly Form Stroke	Backstroke Form Stroke		aststroke m Stroke			Frees	style			-	vidual edley	
50m	Time	Time		Time									
										10	00m Med		Only)
100m											7	ime	
200m	Time	Time		Time			Tim	ne		200	om Medle T	y (10, 11, īme	12yrs)
400m							Tim	ne					
Fees Enclosed Events @ £5.50 each (Max of £44 for 8)													
<ul> <li>I confirm that the swimmer above has not:</li> <li>a) Qualified to compete in an individual event of the 2019 National Age Group Championships.</li> <li>b) Has qualified for or been placed in a Final, Top eight in any event at the A.S.A. North West Regional Age Group Championships.</li> <li>c) Has won the City of Liverpool SC Tadpole League Age Group Bagcat award in previous years.</li> </ul>													
Signed	Parent.				Coac	h.							
When completed, please return this form to Neil White the Tadpole Gala Entries Secretary. Please send only One Club Cheque, not multiple individual cheques or cash, made payable to "City of Liverpool SC" to cover all your Club's entries. Please include the coaches passes costs.													

## City of Liverpool Swimming Club Tadpole Gala Swimming Club Team Relay Entry Form

Swimming Club:			
Contact Name:			
Club Position:			
Address:			
Line 2			
Post Code:			
Phone No: Land Li	ne		
Phone No: Mobile	е		
Email:			
	Boys Relay E	vents Entry Form	
Event & Age Group:	4 x 25m Medley Relay Team	4 x 25m Freestyle Relay Team	8 x 25m Freestyle Relay Cannon
9 - 10yrs			

Girls Relay Events Entry Form				
Event & Age Group:	4 x 25m Medley Relay Team	4 x 25m Freestyle Relay Team	8 x 25m Freestyle Relay Cannon	
9 - 10yrs				
11 - 12yrs				

11 - 12yrs

Total of Teams			
	Relay Teams Entered	@ £5.50 each =	£

- To enter the relevant event, please place a tick or time in the space provided and complete the box at the bottom of the form to say how many teams you are entering in total @ a cost of £6.00 per team.
- If you wish to enter more than 1 team in any event, please indicate this by placing an "A", "B", "C" etc...
- Swimmers are reminded that to dive into the water they must have achieved the appropriate start award as defined by the A.S.A.
- Team Managers Please Note: Any, swimmer who is not allowed to swim in the individual events / competition in accordance with the rules, is also not allowed to swim in the relay events as well.

Swimming First N	Name:				
Swimmers Last N	Name:				
Swimmers Club:					
Swimmers Age C	Group:				
Disability Classifi	cation:				
		<u> </u>			
Gala No:	Ever	nt No:	Competitor No:	Race Distance:	Stroke:

Name(Print)	Signed	
Date	Time of Delivery	
Received By	Time Received	

### City of Liverpool S.C. 2019 Tadpole Gala - Appeal for A.S.A. Officials

Dear Club's, Coaches & Parents,

To organise a licensed meet takes a lot of help, co-operation and organisation. We would be extremely grateful if your club have any parents or club members who are qualified A.S.A. Officials or Timekeepers, who will be attending the meet with their children or the team and who may be willing to assist our team of officials. In return for this help, the officials will be entitled to expenses at 45p per mile for a full day and 25p per mile for a half day, lunch and free drinks during the gala.

If so, please complete the following form and return it with your entries to Rachel Lawton, City of Liverpool SC Officials Secretary.

Many thanks for your assistance.

Yours sincerely

Rachel Lawton

Name of Official	Home	Home Talanhana Numbar	A.S.A.
of Official	Address	Telephone Number	Qualification

## City of Liverpool SC 2019 Tadpole League Team Staff / Coaches' Pass / Chaperone / Helper / Personal Care Attended / Assistant Information Sheet

Please read the team staff pass application information carefully and ensure its' completed and returned along with your clubs entries. When completing the information below, please print your details clearly. Thank you.

#### **Application for Coaches Passes**

- 1. Each club is entitled to a ratio of 1 coach to 10 swimmers but if your team consists of both male and female competitors then the ratio will be 1 male and 1 female coach to 10 swimmers. If your club enters more than 20 swimmers then you are entitled to additional coaches' passes. A club is limited to a maximum number of 3 coaches' passes for this competition.
- 2. In accordance with child protection rules and guidelines, we request each club submits the name(s) of the coaches/team managers/chaperones who will be accompanying their team

  Meet Promoter Neil White Meet Manager

on the poolside at the same time as submitting their swimmers entries. Along with this, we ask your club secretary to sign the accompanying letter to declare at the point of submitting the entries all the named staff has been CRB checked and are registered as a member of your club.

#### Please Note:

- 3. All coaches, team managers' & chaperones must be CRB checked to gain a coaches pass and access onto the poolside.
- 4. Any parent wishing to act as a coach must also be CRB checked and registered as a member of the club they are representing.
- 5. Parents must also ask the club secretary to sign the appropriate letter on their behalf and submit it along with the swimmers entries.
- 6. Without the letter / application form being signed by the club secretary, no coaches' passes will be issued.
- 7. Each club and coach will be allocated a specific number on their coaches' pass for the period of the gala each coach must sign in each day they attend the meet when collecting their pass to signify they are on the poolside.
- 8. Coaches' passes will be issued on the day of the competition. Passes need to be returned at the end of each day to the assigned gala official.

#### City of Liverpool SC 2019 Tadpole Gala Swimming Club Application for Team Staff / Team Managers / Coaches' / Chaperone's / Helper's / Personal Care Attendants Pass

**Please note:** This letter / application form must be completed and returned along with your club's entries, without this, no team staff / coaches' passes will be given out to your club.

Swimming Club	
Club Secretary, please print your name	
I / We would like to purchase a total of	Team Staff / Coaches Passes at a price of £20.00 per person to cover both days.
I have enclosed a	I enclosed a Cheque to the value of £ to cover this payment, made payable to <u>"City of Liverpool SC"</u>

I have listed all the swimming clubs staff below:

Coaches	1.	2.	3.
Coaches	4.	5.	6.
Team	1.	2.	3.
Managers	4.	5.	6.
Chanaranaa	1.	2.	3.
Chaperones	4.	5.	6.
Holpor's	1.	2.	3.
Helper's	4.	5.	6.
Personal Care	1.	2.	3.
Attendants	4.	5.	6.

As Club Secretary, I confirm that all the individuals listed above have been CRB checked and are current members

of	Swimming
Club.	
Signed	
	Secretary

Please return all forms and remittance to Neil White, Tadpole Gala Entries Secretary E-Mail: COLSC\_Events@hotmail.com

#### CITY OF LIVERPOOL SC TADPOLE GALA 2019 Schedule of events

Affiliated to A.S.A. North West Region (Held under ASA Laws and FINA Technical Rules of Swimming)

Licensed at Level 3

VENUE: - EVERTON PARK. Great Homer Street, Liverpool. L5 5PH.

Gala Day 1,Sunday 8th September 2019,					Gala Day 1, Sunday 8th September 2019					
Warm Up 8.00am - 09.00 am Start					Warm up TBC Start					
1	В	11/12	400M	Freestyle	11	1 G 11/12 400M F1		Freestyle		
2	G	9/12	200M	Butterfly	12	В	9/12	200M	Butterfly	
3	В	9/10	50M	Backstroke	13	G	9/10	50M	Backstroke	
4	G	9/10	50M	Breaststroke	14	В	9/10	50M	Breaststroke	
5	В	9/12	200M	Breaststroke	15	G	9/10	50M	Butterfly	
6	G	9/12	200M	Breaststroke	16	В	9/10	50M	Butterfly	
7	В	11/12	50M	Breaststroke	17	G	11/12	50M	Backstroke	
8	G	9/10	4 x 25M	Freestyle Team	18	В	11/12	4 x 50M	Medley Team	
9	В	9/10	4 x 25M	Medley Team	19	G	11/12	4 x 50M	Medley Team	
10	G	9/10	4 x 25M	Medley Team	20	В	9/10	4 x 25M	Freestyle Team	

Gal	ay 2, Sui	nday 14th S	September 2019	Gala Day 2, Sunday 14th September 2019					
Warm up 8.00am - 9.00am Start					Warm up TBC Start				
21	В	9/12	200M	Freestyle	31	31 B 11/12 50M F		Butterfly	
22	G	11/12	50M	Butterfly	32	G 9/12 200M Frees		Freestyle	
23	В	11/12	50M	Backstroke	33	В	9/12	50M	Freestyle
24	G	11/12	50M	Breaststroke	34	G	9/12	50M	Freestyle
25	В	9/12	200M	Backstroke	35	В	10/12	200M	Ind Medley
26	G	9/12	200M	Backstroke	36	G	10/12	200M	Ind Medley
27	В	9 Yrs	100M	Ind Medley	37	В	Mixed	8 x 25M	Cannon
28	G	9 Yrs	100M	Ind Medley	38	G	Mixed	8 x 25M	Cannon
29	В	11/12	4 x 50M	Freestyle Team					
30	G	11/12	4 x 50M	Freestyle Team					

#### <u>Tadpole Gala 2019 Consideration Times</u> (<u>To be no Faster.</u>)

Boys Girls

Meet Promoter Neil White Meet Manager

9	10	11	12		9	10	11	12
32.00	30.00	28.00	28.00	50 FREE	34.00	32.00	30.00	28.00
	01:15.6	01:10.8	01:06.4	100 FREE		01:18.5	01:13.0	01:07.0
2.40.00	2.30.00	2.20.00	2.10.00	200 FREE	2.45.00	2.35.00	2.25.00	2.15.00
5.45.00	5.20.00	5.00.00	4.50.00	400 FREE	5.50.00	5.25.00	5.05.00	4.55.00
								5
38.00	36.00	34.00	32.00	50 BACK	39.00	37.00	35.00	33.00
	01:26.9	01:20.0	01:14.9	100 BACK		01:29.5	01:23.6	01:17.8
3.00.00	2.45.00	2.35.00	2.25.00	200 BACK	3.05.00	2.50.00	2.40.00	2.30.00
40.00	38.00	36.00	34.00	50 BRST	45.00	40.00	39.00	37.00
	01:38.6	01:31.2	01:25.0	100 BRST		01:37.6	01:34.7	01:28.4
3.30.00	3.20.00	3.10.00	3.00.00	200 BRST	3.35.00	3.25.00	3.15.00	3.05.00
38.00	36.00	34.00	32.00	50 FLY	39.00	37.00	35.00	33.00
	01:27.9	01:20.3	01:14.6	100 FLY		01:27.1	01:20.7	01:17.6
3.05.00	2.55.00	2.45.00	2.35.00	200 FLY	3.07.00	2.57.00	2.47.00	2.37.00
01:20.00				100 I.M	01.23.00			
3.00.00	2.50.00	2.40.00	2.30.00	200 I.M	3.05.00	2.55.00	2.45.00	2.35.00

#### **Data Protection Statement**

1 City of Liverpool Swimming Club will use personal data for the purpose of the applicant's application for entry into "City of Liverpool Swimming Club" events.

It is understood that by submitting these forms, the applicant is consenting to receiving information about their application by post, email, text or phone unless stated otherwise.

2 In-line with the "GDPR" General Data Protection Regulations your entry data will only be used to run the administration software / equipment for galas and printing of programmes

and starter and results sheets. Your results, subject to the rules of the particular gala, will be submitted to Swim England and published on the <a href="mailto:swimming.org">swimming.org</a> website.

3. All personal data relating to the gala will be destroyed 90 days after completion of the gala.

#### **Data Consent**

**Mandatory consent:** I have read the data Protection Statement and I hereby consent to the processing of the data for the purposes set out on the form.

**Optional consent:** I am willing for the data to be shared with other affiliated aquatic organisations so that they can process it (please tick as applicable):

on receipt of an application for information in connection with the administration, organisation or competition entry of the club and other aquatic organisations

to enable the Club to contact other organisation with Club or other relevant materials

Signed
Name ,,,,,,,,,,,,,,,,,,,,,,,
Parent or Guardian if Competitor is under 18 years of age
Date